

asaya

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SPA



ASAYA SPA VIENNA

THE FOUNDATION OF YOUR WELLBEING

Situated in the heart of Vienna's first district, high up on the 5th/6th floors of Rosewood Vienna overlooking the St. Peters Church and St. Stephens Cathedral.

A personalized and individual opportunity for all inhouse and external guests to retreat and recover their inner strength and happiness.

Asaya Spa offers a sauna and steam room, four treatment rooms and the social suite including a whole private sauna and steam room. A quiet place to spend some time with your partner, friends or beloved ones. Highly luxurious products, innovative facials, bespoke body treatments, massages, traditional health and wellness remedies, private yoga or personal training sessions are available.

Our state-of-the-art Fitness Center located on the 2nd floor will support your journey to self-discovery. Based on your wellbeing priorities, we will establish a balanced lifestyle routine for you.

AUGUSTINUS BADER x ASAYA SPA
Rosewood Vienna

Individually tailored treatments and performing at service excellence are contributions of both Asaya Spa of Rosewood and first stand-alone Augustinus -Bader Spa.

Here guests will experience unique and bespoke experiences with a wide range of therapies for body and mind across the board. Effective and based on clean science, the relaxing, destressing and activating physical therapies are centered around the holistic idea of 'The Method Augustinus Bader', to stimulate the tissue to encourage repair and healing of the body.

SKIN HEALTH

FACIALS

AUGUSTINUS BADER SPA x ASAYA SPA

Rosewood Vienna

'The Method Augustinus Bader' is a sophisticated, customized treatment experience for face and body that utilizes our proprietary TFC8 technology® for immediately visible results, and even greater overall benefits. This highly sensitive, hands-on approach makes use of Augustinus Bader's hero formulas to help boost cellular communication, promote circulation, firm, tone and refresh the skin.

'THE METHOD AUGUSTINER BADER' – INTRODUCTORY FACIAL

A streamlined, highly effective version of 'The Method Augustinus Bader', a bespoke, science-based treatment that combines Professor Bader's award-winning skincare technology, TFC8®, with a customized fascia massage to stimulate cell rejuvenation. The skin is thoroughly cleansed in preparation for application of the formulas which have been developed to activate the skin's stem cells and boost the body's natural repair cycle. Signature manual massage techniques enhance circulation and hydration, for optimal product absorption and delivery of key actives. This treatment includes an intensive skin care consultation for the daily AB regime at home.

60 min – 190€

'THE METHOD AUGUSTINER BADER' – ADVANCED FACIAL

'The Method Augustinus Bader' is a bespoke, science-based treatment that combines Professor Bader's award-winning skincare technology, TFC8®, with a customized fascia massage to stimulate cell rejuvenation. This highly sensorial, hands-on facial leverages Augustinus Bader's hero formulas to help boost cellular communication, promote circulation, firm, tone and refresh the skin at a deeper level. The treatment ends with an exclusive detoxifying and moisturizing mask ritual for an immediate glow, including LED light and pure Oxygene.

75 min – 290€

'THE METHOD AUGUSTINUS BADER' – SUPERIOR DELUXE FACIAL

Within this superior version of The Method, personalized and individual add ons can be booked according to personal wish and need.

90 min – 360€

DELUXE FACIAL ADD ONS

TIRED SKIN

This personalized add on enhances 'The Method Augustinus Bader' by working oxygen and hyaluronic acid into the skin.

In combination with the award-winning formulations of AB Skin Care products and TFC8 technology® the skin is reactivated to give a beautiful glow and firm youthful expression.

30 min – 90€

LIMP SKIN

This Myolift supports the skin in rebuilding the elastic fibers. In combination with award -winning TFC8® technology, it supports a natural lift from the inside out. A glowing, healthy and strong looking complexion is the result.

30 min – 90€

CALLUSED AND CONGESTED SKIN

Preparing the most upper layer with gentle dermabrasion to support the natural exfoliation process in order to achieve glowing, healthy-looking skin. Textured skin and pores are reduced to bring out a beautiful, radiant and even looking surface.

30 min – 90€

PHYSICAL MASSAGES

BESPOKE MASSAGE

Personalized massage from head to toe. Choose areas of concern such as neck, back, feet and head for your unique relaxation.

60/90 min – 160/200€

LAVA STONE

A special massage technique using warm, smooth basalt stones. The warm stones reduce stress and tension, their healing and relieving effect brings inner peace and balance, for a real boost of endorphins.

60/90 min – 180/220€

ENERGIZING HERBAL STAMP MASSAGE

A traditional massage technique using cotton cloth stamps filled with different herbs, blossoms, and sesame to activate the muscles and musculoskeletal system. To begin with, the body is prepared with oil, followed by the application of two warm stamps across the body. This technique not only stimulates blood circulation and speeds up metabolism, it has a peeling effect and strengthens the self-healing powers as well.

60 min – 180€

THE METHOD AUGUSTINUS BADER - FASCIA MASSAGE

A unique Fascia Massage especially created for Augustinus Bader to relax the muscles, to loosen the bonded fascia, and at the same time to tighten the tissue. In combination with the TFC8® technology you will experience immediate visible results.

60min – 200€

BODY TREATMENTS

'THE METHOD AUGUSTINUS BADER' – FULL-BODY DETOX RITUAL

This unique professional treatment combines 'The Method Augustinus Bader' – a sophisticated, customized skincare experience leveraging the award-winning brands proprietary TFC8® renewal complex – with next-generation Far Infrared, Plasma and Light technology for synergistic skin rejuvenation and science-backed detoxification benefits. After an activating sea salt AB Body Oil scrub and a refreshing shower, a segmental fascia massage will be performed including a pack of the luxurious deeply nourishing and hydrating Body Cream. The face is covered by a face mask and a stimulating scalp massage is completed in this head-to-toe Augustinus Bader Experience. The skin is embedded in Augustinus Bader formulas, for a visibly softer, firmer and more revitalized look and feel in just one session.

90 min – 310€

SALT SCRUB & BESPOKE AROMASCENT MASSAGE

This renewing and regenerating salt scrub gently exfoliates and prepares the skin for the following aroma scent massage. The soft, relaxing massage stimulates the lymphatic, circulatory, nervous, and musculoskeletal system, and the gentle scent of lavender, atlas cedar, patchouli and incense enchant the senses.

90 min – 220€

MOUNTAIN GLORY

A unique, old Austrian remedy for the body using warm salt stones to soothe stress and tension, promoting an increased sense of well-being. Additionally, the stones natural salt properties detoxify and gently exfoliate the skin for a naturally healthy glow.

90 min – 220€

ASAYA JOURNEYS

MASSAGE & SPA

One hour massage, as well as 2 hours of access to our spa facilities such as Sauna and steam room together with a complimentary glass of Champagne.
60 min – 225€

SOCIAL SUITE – PRIVATE SPA

Enjoy personal time out in our social suite with it's very own private sauna and steam room. A time to calm down, and for body and mind to relax and recover strength.

180 min, 1–2 persons – 550€

*Included: A bottle of champagne per person,
100€ credit on booked massages, body and face treatments*

GET TOGETHER & SPA OR PRIVATE SPA

An intimate and private space with a stunning view to spend some time with your friends or loved ones. Relax in our social suite, a lounge with its own fully private sauna and steam room, as you are pampered by our spa team.

300 min, up to 6 persons – 1250€

*Included: 2 bottles of Champagne
250€ credit on booked massages, body, and face treatments*

SPA ÉTIQUETTE

Kindly be advised that it is good practice to shower before body treatments. Silence, peace, and respect are an essential part of our philosophy. Please consider other guest's space and privacy. Please silence any electronic devices you might have with you before entering the Asaya Spa facilities.

PRIOR TO ARRIVAL

We kindly suggest that you arrive 15 minutes prior to your scheduled appointment to complete the wellness consultation form and to start your wholesome wellness experience with us. Late arrivals will be subject to a time reduction from the scheduled treatment.

SCHEDULING & CANCELLATION

Please contact our wellness experts to book your wellbeing experience, or to reschedule existing reservations. We recommend booking in advance reservation to ensure availability of the desired treatments. We will require credit card information to confirm any reservations. If you wish to reschedule or cancel your reservation, please be advised that 6 hours' notice for inhouse, and 12 hours' notice for external guests before your treatment is required for us to accommodate your request. No-shows or last-minute cancellations will incur a 100% charge.

COMFORT

Slippers, towels, disposable underwear, and welcome amenities are provided

HEALTH & ALLERGIES

Please inform us if you have any allergies or health issues

PERSONAL ITEMS

The Asaya Spa is not responsible or liable for any personal items left in unlocked lockers, or for any items left without supervision.

AGE RESTRICTIONS

Children under 16 years old are not permitted to use any wellness facilities. Guests under 18 years old require supervision by a guardian for any wellness treatment.

ASAYA SPA

11.30 AM – 7.00 PM

FITNESSSTUDIO

24h/24 for in house guests

SPECIAL RATES

+ 50 % from 7 PM

+ 50 % in room treatment

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