



## THE SPA AT ROSEWOOD KAURI CLIFFS

We invite you to relax, rejuvenate, and revive your spirit in a tranquil space where nature prevails.

Our Spa is nestled at the edge of a Totara forest, overlooking a verdant fern glen and winding stream.

Each treatment room, including our couple's room, has floor-to-ceiling views and opens onto a private outdoor patio with forest surroundings and native birdsong.

The Spa has four treatment rooms, locker rooms with showers, a sauna, Jacuzzi spa pool, indoor heated lap pool and fitness centre, with a range of exercise equipment and free weights.

At The Spa at Rosewood Kauri Cliffs, we are committed to providing quality treatments that are personalised to suit you. We offer a variety of services, including different styles of massage, luxurious facials, invigorating body treatments and nail services.

Please contact the Spa to make an appointment by calling extension '207' or the lodge reception on '0'.

We look forward to welcoming you soon.

## SIGNATURE BODY TREATMENTS

### WHOLE BODY RESTORATION

*Step into a realm of luxury and indulgence with our exclusive full body age defiance transformation package. Experience the epitome of pampering as our skilled therapist guides you through a transformative, over 3 hour Head-to-toe journey.*

This comprehensive treatment begins with a personalised skin discovery session. Prepare to unwind with a soothing massage, invigorating body scrub, and a refreshing private shower. Feel nurtured with a nourishing scalp and hair treatment, relaxing warm oil, and a hot stone foot and lower leg massage. Rejuvenate and protect your complexion with a deep cleansing facial featuring a customized use of unique Mukti Beauty Tools, Age Defiance serums, boosters, and masque. Embrace a holistic experience that nurtures, nourishes, and protects your body and spirit. As a special treat, indulge in a light refreshment, ensuring a truly opulent experience from start to finish

3hr 15min | \$575

### "ORA" - HANA BODY SCRUB AND MASSAGE

Ora, meaning "to be well," encapsulates the essence of wellness and rejuvenation in this luxurious full-body treatment. Begin your journey to well-being with a revitalizing full-body scrub that gently polishes the skin, revealing a radiant glow. The experience is then elevated with a deeply relaxing and restorative massage, designed to melt away tension and replenish both body and mind. This indulgent ritual ensures complete renewal, leaving you feeling balanced, refreshed, and thoroughly pampered—well in both body and spirit.

90 min | \$380

### "ORANGA" - NECK, SHOUDERS, FACE, SCALP, FOOT SCRUB & MASSAGE TREATMENT

Oranga, meaning "rejuvenate". This holistic experience is designed to renew both body and mind. It begins with a soothing neck, shoulder, face, and scalp massage, melting away tension and stress. Paired with a revitalizing foot scrub and massage, Oranga provides a complete sense of relaxation and rejuvenation. Indulge in this restorative treatment and leave feeling refreshed and renewed.

90 min | \$380

## MUKTI FACIALS

### THE MUKTI FOUNDATIONAL FACIAL

#### *Introductory + Drift Away*

This facial is designed to take your skin on a journey of gentle renewal and includes the Mukti signature acupressure facial sequence and scalp, neck & shoulder massage. This in combination with deep cleansing and dual exfoliation will smooth and renew your skin. The Antioxidant Facial Oil, an infusion of 15 superfood beauty oils, is used as the massage medium and works harmoniously with the Barrier Repair Serum to soothe your skin and reinstate homeostasis whilst offering deep hydration and environmental protection. The nutrient-rich Deep Cleanse Enzyme Mask will further purify and fortify your skin. The facial concludes with hydration to complete the Mukti Organics signature experience.

60 min | \$290

#### OPTIMAL ADD ON SERVICES

- Gua Sha Facial Massage +15 min | \$25
- Cryo Revive +15 min | \$25
- Back Massage +30 min | \$110

### THE AGE DEFIANCE FACIAL

This indulgent treatment showcases the Mukti Age Defiance Collection and targeted Vitamin Booster Elixirs, working to lift, tighten, and revitalise your skin. Experience the power of cosmeceutical peptides, vitamins, and bioactive native Australian extracts like Kakadu Plum, Mountain Pepper Berry, and Blue Cypress Wood, restoring luminosity and hydration. Feel the healing touch through our advanced facial treatments, stress-relieving massage techniques and deluxe feet and body rituals. Facial includes double cleanse, exfoliation, Bioactive Synergy Masque and relaxing neck, shoulder, and scalp massage. Finally, our crowning glory, Queen of the Night Crème, rich in ceramides will leave your skin plump and noticeably hydrated.

90 min | \$385

#### OPTIMAL ADD ON SERVICES

- Gua Sha Facial Massage +15 min | \$25
- Cryo Revive with +15 min | \$25
- Back Massage +30 min | \$110

## MUKTI FACIAL ADD ON SERVICES

## CYRO REVIVE

Suitable for skin conditions such as rosacea and eczema and skin suffering from inflammation, redness and barrier impairment. Strengthen your skin barrier with the Mukti Mushroom Gua Sha face tool. When chilled, this innovative device promotes collagen production, counteracts stress factors that affect collagen synthesis, and helps reduce wrinkles while maintaining skin firmness. Additionally, it enhances and stimulates lymphatic drainage, reducing puffiness and swelling for a more youthful appearance. Pairs perfectly with Age Defiance.

15 min | \$25

## GUA SHA MASSAGE SEQUENCE

Gua Sha is one of the oldest healing modalities in the world, stemming from an East Asian medicine philosophy. The Mukti Organics Gua Sha tool is made from beautiful quartz crystal.

15 min | \$25

## SIGNATURE MASSAGES

### RELAXATION MASSAGE

Combining various styles of massage your therapist will use light, medium or firm pressure to transform a traditional Swedish massage into a personalised treatment to promote body and mind relaxation.

60 min | \$290 / 90 min | \$380

### DEEP TISSUE MASSAGE

Using firm to deep pressure, and paying attention to trigger points, this massage effectively loosens connective tissue and releases accumulated tension in tight, stressed areas.

60 min | \$290 / 90 min | \$380

### GOLFER'S SPORTS MASSAGE

A pre or post-golf sports massage, designed to loosen tight upper body muscles. Your back, neck, shoulders and arms will be treated specifically to enhance your golf experience.

60 min | \$290 / 90 min | \$380

### PREGNANCY MASSAGE

With special care, our relaxation massage is re-created as a fully supported spa experience for the mother-to-be who is in her second or third trimester. The massage is performed in a side-lying position, using pregnancy-safe products and techniques.

60 min | \$290

## TREATMENTS FOR HANDS AND FEET

### PINK BEACH MANICURE

Beginning with a light exfoliation, your fingernails are then shaped, and cuticles trimmed. A nourishing mask is applied, and your hands are massaged. Your nails are then highlighted with the polish colour of your choice.

50 min | \$150

### PINK BEACH PEDICURE

Begin your pedicure with a relaxing foot soak and exfoliation. Nails are shaped, buffed and cuticle repaired before a moisture mask is applied. Unwind with a soothing foot and calf massage followed by your choice of polish.

60 min | \$180

### EXPRESS MANICURE OR PEDICURE

An express treatment designed for the quick repair of nails and cuticles of the hands OR feet. Cuticles are pushed back, and nails are shaped and buffed or painted.

35 min | \$110

### EXPRESS COMBO – MANICURE AND PEDICURE

A basic treatment to tidy and quickly improve the appearance of the hands and feet. Cuticles are pushed back, and nails are shaped and buffed or painted.

75 min | \$215

## SCALP TREATMENTS

### HINU HAIR TREATMENT: A LUXURIOUS SCALP AND HAIR REVIVAL

Experience the Hinu Hair Treatment, starting with a warm compress on your scalp and gentle neck and shoulder stretches to release tension. Our Jade Stimulator then massages key scalp points, enhancing relaxation and scalp health. Hinu oil is then applied from root to tip, promoting hair growth, health, and hydration. This luxurious treatment combines traditional techniques with modern indulgence, leaving your hair revitalised and your mind at ease.

30 min | \$110

## ADDITIONAL SERVICES

### TREATMENT ENHANCERS

One or more of the following extras can be incorporated into most 60 or 90 minute treatments to enhance your experience:

Heated Eye Mask      \$15

Manuka Honey Balm    \$15

### PERSONAL FITNESS/ YOGA / PILATES INSTRUCTOR

Available on request. Private instruction is customised to your fitness level and offered on-site subject to availability of a trainer.

### PERSONAL HAIR STYLIST

Available on request. On-site bookings are subject to availability of contracted stylist. Off-site bookings at a local salon are also available.



## SPA INFORMATION

### SPA HOURS

The Spa is open 7 days a week with treatments available between 10am to 6pm. The fitness centre, lap pool, Jacuzzi, and dry sauna are accessible 24-hours.

### YOUR APPOINTMENT

We suggest you arrive 10 minutes early to complete a consultation form before your treatment begins.

### EARLY ARRIVAL FOR APPOINTMENT

Should we be engaged in a treatment when you arrive, kindly relax with tea, fresh water, and nibbles in the waiting area. Your spa therapist will meet you there as soon as they are available.

### CONSULTATION

Your therapist will conduct a brief consultation before beginning your treatment to ensure that you receive the treatment most suited to you. It is vital that we are advised of all health concerns on your consultation form so that we can address your special requirements and customise treatments where necessary.

### YOUR SPA THERAPIST

We have a team of professional and fully qualified therapists. Feel free to present your requests to your therapist as each therapist has unique skills and may be able to offer variations on the spa menu, personalised especially for you.

### SPA ETIQUETTE

The Spa is an area of relaxation and tranquillity and as such all areas around and within the building are noise-free zones. We request that guests keep noise levels to a minimum and refrain from using cell phones or electronic devices in the spa complex as this may disturb treatments in progress.

### CANCELLATION POLICY

Treatment times are reserved exclusively for you. If you need to cancel or change the time of your treatment, please give us at least 8 hours' notice. We will make every effort to accommodate your wishes but may not be able to guarantee the availability of a therapist or specific treatment at another time.